

# YMCA MENDIP

WORKING IN MENDIP  
& SOUTH SOMERSET



## Sleep rough so others don't have to

One night can make a  
lifetime of difference



**16th March 2019**

**#YMCASleepEasy**

**Open to everyone.**  
Enter as an individual, or as a  
team (work colleagues, friends,  
family)

To find out more and sign up to  
this event; or if you'd like to  
sponsor someone taking part,  
please visit our website or contact  
our Fundraising Department.

T 01749 679553

E [Fundraising@mendipymca.org.uk](mailto:Fundraising@mendipymca.org.uk)

[www.mendipymca.org.uk](http://www.mendipymca.org.uk)

 /YMCAMendip

 @YMCAMendip

Registered Charity No: 1074660



YMCA enables people to develop their full potential in mind, body and spirit. Inspired by, and faithful to, our Christian values, we create supportive, inclusive and energising communities, where young people can truly belong, contribute and thrive.

SUPPORT & ADVICE

ACCOMMODATION

FAMILY WORK

HEALTH & WELLBEING

TRAINING & EDUCATION